



# Exceptional Dental Courses

and The International Academy of Functional Health *presents*

## FOSH-CARE

### “Functional Oral-Systemic Health” and Genomics

There are MILLIONS of patients looking for trained Functional Health Care Providers.

Are you looking to become **“The Provider”** of Oral Systemic Care in your area?

**Let us show you how!**

This NEW, 4-part **FOSH-CARE** course series is specifically designed to help you achieve this!

*Especially for those of you who see clients with;*

**Periodontal Issues**

**Sleep and Breathing Disorders**

**TMD and Chronic Pain Patients**

**Dental Orthopedics and Orthodontics**

**Amalgam Revisions and Detoxification**

**Ozone Therapy**

**Plus, Strategies for YOUR OWN PERSONAL HEALTH!**

**To be a True Leader** in this field, there are a few things that **you MUST KNOW!**

You need to know the latest discoveries in “Nutri-Genomics”

You need to know how to **“APPLY”** Functional Human Physiology.

You need to know the most current Functional Lab Tests available.

You need to know what Nutritional to use, and when they work best.

**But this information is hard to find!**

**So now we have put it all together for you!**

# The FOSH-CARE Series

## **IN FOSH-CARE - LEVEL 1 you will learn....**

- What is “NutriGenomics” and how does this help my patients?
  - How can I reduce Pain and Inflammation with Nutrition?
    - How can I strengthen the Immune System?
- How can I create Healthy Oral Connective Tissue and TM Joints?
  - How can I support a Healthy Gut and Oral-Digestive System?
- How does this apply to my Perio, Sleep, TMD and Ortho patients??
  - What can be done if they have Genetic Weaknesses?

## **IN FOSH-CARE - LEVEL 2 you will learn....**

- What are the primary **FOSH-CARE** Genomic Variations to look for and address?
- How can I use this to support my Ozone Therapy and reduce Oxidative Stress?
- What can be done to Improve Energy Levels and Mitochondrial Function?
  - How do I support Liver Function and Detoxification?
  - How does this apply to my Amalgam Revision patients?
- How does this also apply to my Perio, Sleep, TMD and Ortho patients??
  - What else can we look for and address in FOSH Levels 3 and 4?

## **In addition, you will also learn;**

- What Functional Lab Tests and Genomics Reports do I need?
  - How do I interpret and apply these test results?
  - What are the best “Nutri-Genomic By-Pass” Strategies?
- When, where and how can I apply this exciting new information?

You will learn to answer all these questions, and apply the latest discoveries in Nutri-Genomics, to provide a truly “Personalized” Health Care approach.

**Are you ready to take your Oral Systemic Practice to the next level??**

**Are you ready to take your place as a TRUE LEADER in Dental Health Care??**

⇒ **FOSH-CARE Levels 1, 2, 3 and 4, dates to be announced...**

For **CURRENT COURSES AND REGISTRATION**, please SEE [CALENDAR SECTION](#).